

Volume 11, Issue 2

February 2013

Daggett County Newsletter

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**Hovercraft is here!
Just in time for the Annual Burbot
Bash!**



Christmas Lighting Winners

West side:

1st Place: Terry and Pat Grow

2nd Place: Charlene Hartmann and Mike Wilden

3rd Place: Toby and Carol Force

East Side:

1st Place: Don and Nancy Wood

2nd Place: Ellen Reynolds

3rd Place: Chris and Janalee Collett



1st Place winners will receive \$30, 2nd Place \$25 and 3rd Place \$20.

Economic Development sponsored the event with the judges looking for creativity, animation and fun.

"Everyone putting up lights were winners as all the lights radiated the Christmas Spirit.", stated the judges Next year Economic Development is considering a hayride or bus to view all the lights.



Manila Clinic

We still have plenty of flu shot vaccine for every age, and it's not too late to **GET YOUR FLU SHOT.**

Uintah Basin Medical Center has NOT activated their new billing system at the Manila Clinic at this time. Patients will need to contact the number on their bill for the Roosevelt office for any billing information.

Due to the heavy volume of patients, please call for an appointment. We want to thank all of you for your continued support.

Sincerely,
The Manila Clinic Staff



Uintah Basin Medical Center
UINTAH BASIN HEALTHCARE

Manila Clinic 435-784-3575
Across from the Daggett County Offices



Commissioners' Corner

A Burbot Bash was sponsored by the Flaming Gorge, Bridger Valley, Green River, Rock Springs and Vernal Chambers of Commerce over the weekend of February 1st to the 3rd. It proved to be a record turnout with 1,170 participants, 121 of which were youths, at the finally tally. A total of 4,287 Burbot were removed from the lake during the tournament, which will help to keep the populations under control. Of the fish caught, 10 had internal tags and 2 had external tags; sadly, neither of the external tags matched the \$10,000 insurance tag number. However, \$25,750 was given out in cash prizes.

Events such as these take months to organize and many people donate their time to ensure that it is a success. All too often the people that go the extra mile to pull off these types of tournaments are only given recognition at the closing ceremonies. The communities and business that benefit from the influx of visitors often do not know what goes on behind the scenes and who is responsible for it.

The Commission would like to send out a heartfelt thought of appreciation to those who truly helped to make this event memorable to all who participated. We are aware that this list is probably not all inclusive and hope that we do not slight anyone. That certainly is not our intention; if we left you out it is our lack of knowledge of the important role you played.

Our sincere gratitude goes out to Cindy Keller, who went above and beyond to make it all come together. We also want to thank Craig Collett and his staff (no one has ever made Burbot taste better); Mark Wilson; Shawn and Marjon Hughes, along with two of their boys; Keri Pallesen; Brian Raymond; Tamara Twitchell, Raynette Schell; John Rauch; Larry Hirschi; Matt Henry; Bruce and Margery Parker; Alan Browning and family: the Utah and Wyoming DWR and, of course, the Forest Service.

To list all of the support, services and tasks that were provided by these people would take up the whole newsletter. It is safe to say that the tournament would not have happened without them! So again we sincerely appreciate your tireless efforts that made this event such a success.

Jerry Steglich
Commission Chair

Warren Blanchard
Commissioner

Karen Perry
Commissioner



WINTER SECURITY CHECKS

The Daggett County Sheriff's Office will once again, conduct security checks of homes that are unoccupied during the winter months. Anyone interested in having their home checked periodically, will need to fill out the informational form below and return to the Daggett County Sheriff's office. If you were on our list last year, you will still need to fill out a new request for this year. If you have any questions about this program, please call 435-784-3255.

Winter Security Check Request / Authorization	
Property Owner Name(s)	
Daggett County Property Location / Address	
Winter Contact Address	
Winter Phone #	Cell Phone #
Other Phone #	
Comments (Our practice is to put a notice of the security check on your property, usually on a door knob. If you do not want us to leave a notice or if you have a certain location you would like us to leave the notice, please make note. I authorize the Daggett County Sheriff's Office to inspect the exterior of my home during the winter months and notify me at the number above if they discover any problems.	
Signature	
Return to Daggett County Sheriff's Office; P.O. Box 219, Attn: S. Potter, Manila, UT 84046.	

Get Involved!!

Daggett County has openings for the following Boards, Committees and Volunteer Positions:

- Mosquito Abatement District Board (1 position)
- Dutch John Cemetery Board (2 positions)
- Tourism Tax Advisory Board (1 positions)
- Recycling Volunteers (Multiple positions)
- Museum Board & Volunteers (Multiple positions)
- Economic Development Board (2 positions)

For more information or an application go to the County

website at: www.daggettcountry.org/boards

or contact the County Courthouse at
(435) 784-3154, PO Box 219
Manila, UT 84046

OBITUARIES



Kelly Alan Ettleman

Kelly Alan Ettleman, 48, of Manila, Utah, died on Wednesday, Jan. 16, 2013. He was born March 11, 1964, in Pueblo, Colo., the son of Jack and Lola Jo Franchon-Dare Ettleman. He attended schools in Colorado Springs, Colorado, and graduated from Fountain High School in 1983. He attended Pikes Peak College and earned a degree in welding. He married Nola Ann Lamb in 1993, in Redding, California. Mr. Ettleman worked at Cameron Oil Field Services as a valve tech. He also worked in California for many different construction companies as a drywall finisher. His interests included spending time with his grandchildren, fishing, and hunting.

Funeral services were held January 23, 2013 in the Manila LDS church, and interment was in the Daggett County Cemetery immediately following the services.

Survivors include his wife, Nola Ann Ettleman of Manila; parents, Jack and Lola Ettleman of Mayer, Arizona; son, Spencer Ettleman and wife, Crystal of Oceanside, California; father and mother-in-law, Keith and Velma Wright of Manila; brothers-in-law, Danny Lamb and wife, Jingles, and Kenny Lamb and wife, Sara, all of Manila; granddaughter, Laila Ettleman; and grandson, Rowdy Ettleman, both of Oceanside, California; and several aunts, uncles, cousins, nieces, and nephews. He was preceded in death by his brother, Jack Ettleman.

Be One in a Million this American Heart Month



Cardiovascular disease is the leading cause of death in the United States; one in every three deaths is from heart disease and stroke, equal to 2,200 deaths per day.



"Heart disease takes the lives of far too many people in this country, depriving their families and communities of someone they love and care for—a father, a mother, a wife, a friend, a neighbor, a spouse. With more than 2 million heart attacks and strokes a year, and 800,000 deaths, just about all of us have been touched by someone who has had heart disease, heart attack, or a stroke."

- Department of Health and Human Services Secretary Kathleen Sebelius

February is American Heart Month, and unfortunately, most of us know someone who has had heart disease or stroke. Cardiovascular disease is the leading cause of death in the United States; one in every three deaths is from heart disease and stroke, equal to 2,200 deaths per day. These conditions are also leading causes of disability preventing people from working and enjoying family activities. Cardiovascular disease is also very expensive—together heart disease and stroke hospitalizations in 2010 cost the nation more than \$444 billion in health care expenses and lost productivity. However, we can fight back against heart disease and stroke. CDC and other parts of the US government have launched Million Hearts™, to prevent the nation's leading killers and empowering everyone to make heart-healthy choices.

What is Million Hearts™?

Launched in September 2011 by the Department of Health and Human Services (HHS), Million Hearts™ is a national initiative that aims to prevent 1 million heart attacks and strokes in the U.S. over the next five years. This public-private partnership, co-led by CDC and the Center for Medicare and Medicaid Services (CMS) is integrating and amplifying a range of existing heart disease and stroke prevention programs, policies, and activities.

Goals of Million Hearts™:

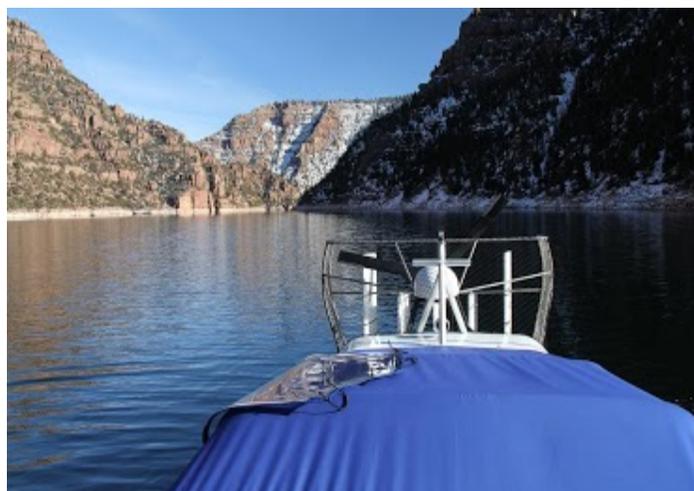
The Million Hearts™ Initiative seeks to prevent 1 million heart attacks and strokes by the end of 2016 by:

- **Empowering Americans to make healthy choices** such as avoiding tobacco use and reducing the amount of sodium and trans fat they eat. These changes will reduce the number of people who need medical treatment for high blood pressure or cholesterol—and ultimately prevent heart attacks and strokes.
-
- **Improving care for people who do need treatment** by encouraging a focus on the "ABCS"—Aspirin for people at risk, Blood pressure control, Cholesterol management, and Smoking cessation—four steps to address the major risk factors for cardiovascular disease and help to prevent heart attacks and strokes.

What Million Hearts™ Means to You:

Heart disease and stroke affects all of our lives, but we can all play a role in ending it. Prevention starts with everyone. Protect yourself and your loved ones from heart disease and stroke by understanding the risks and taking these steps.

- Drive the initiative by challenging your family and friends to take the Million Hearts™ pledge at www.millionhearts.hhs.gov.
- Get up and get active by being physically active for at least 30 minutes on most days of the week.
 - Know your ABCS:
- Ask your doctor if you should take an **A**spirin every day.
- Find out if you have high **B**lood pressure or **C**holesterol, and if you do, get effective treatment.
- If you **S**moke, get help to quit.
- Make your calories count by eating a heart-healthy diet high in fresh fruits and vegetables and low in sodium and trans fat.
- Take control of your heart health by following your doctor's prescription instructions.



How Safe is My Food?

What do packaging dates mean?

"**Sell by**" means the store should sell the product by the printed date, but the product still can be safely eaten by the consumer. "**Best if used by**" means the consumer should use the product by the date listed for best quality and flavor (not for safety reasons). "**Use by**" or "**Expires**" means the product should be used by consumers by the date listed; you are likely to see a marked deterioration in product quality and safety after that date.

The Real Shelf Life of Food Products

Today's practices of processing and adding preservatives to most foods commercially manufactured food significantly extends the life of food products. The following chart outlines the life of many basic foods. Always use your best judgment to determine the safety of consuming any foods, and remember "***If in doubt, throw it out!***"

How Long Will it Last?

Shelf-Stable Foods	Unopened on Shelf	Opened, Refrigerated	Opened on Shelf
Baking			
Biscuit or pancake mix	15 months		Pkg. use-by date
Cake, brownie, and bread mixes	12-18 months		Pkg. use-by date
Flour, white	6-12 months		6-8 months
Beans, dried	12 months		12 months
Canned goods (low acid) Examples: meat, poultry, fish, gravy, stew, soups, beans, carrots, corn, pasta, peas, potatoes, spinach	2-5 years	3-4 days	
Canned goods (high acid) Examples: juices, fruit, pickles, tomato, soup, and foods in vinegar-based sauce	12-18 months	5-7 days	
Cereal, ready-to-eat	6-12 months		3 months
Condiments			
Catsup, tomato, cocktail sauce or chili sauce	12 months	6 months	1 month
Mayonnaise, commercial	2-3 months	2 months	
Mustard	12 months	1 year	1-2 months
Olives (black and green)	12 -18 months	2 weeks	
Pickles	12 months	1-2 months	
Salad dressings (bottled)	10-12 months	3 months	
Honey	12 months		12 months
Jams, jellies, preserves	12 months	6 months	
Canned Foods			
Canned Foods	Years after date	depends on product	
Juice, boxes	4-6 months	8-12 days	
Lentils, dried	12 months		12 months
Milk, canned evaporated	12 months	4-5 days	
Pasta, dry	2 years		1 year
Peanut butter	6-9 months		2-3 months
Soup mixes	12 months		
Rice, white or wild	2 years		1 year
Refrigerated		Frozen	
Juice cartons, fruit drinks, punch	7-10 days open		8-12 months
Sour cream, sc based dip	2 weeks		Doesn't freeze well
Butter	1-3 months		6-9 months
Cheese, hard (i.e. cheddar, Swiss)	6 mo. unopened; 3-4 weeks opened		6 months
Cottage cheese, Ricotta	1 week		Doesn't freeze well
Cream cheese	2 weeks		Doesn't freeze well
Egg, substitutes, liquid	10 days unopened, 3 days opened		Manufacturer says "Do not freeze"
Eggs, in shell	3-5 weeks		Do not freeze
Milk	7 days		3 months
Sour cream	7-21 days		Doesn't freeze well
Yogurt	7-14 days		1-2 months

Winners of the 2013 Burbot Bash

This year was the biggest turn out yet with 1,170 participants, 121 of those were youth.

Total of 4,287 Burbot caught in 2 days

10 internal tags were retrieved and two red external tags were retrieved. Over \$23,000 was paid out in cash.

Most Burbot:

1st place: Team 318 ~ 2 day total 211

Daryl Meeks
Danny Frey
Mike Asay
Robert Asay

2nd place: Team 410 ~ 2 day total 126

Wade Briggs
Scott Briggs
Shay Bernard
Jay Schofield

3rd place: Team 406 ~ 2 day total 112

Ryan Olsen
Ashley Peck
Lucas Parker
Jeremy Buck

4th place: Team 183 ~ 2 day total 103

Cole Thomas
Kelly Moffitt
John Lundgren
Dusty Bumgardner

5th place: Team 329 ~ 2 day total 92

Ben Lail
Jeff Kone
Justin Askerlund
Brady Askerlund

Biggest Burbot

1st place: Team 517 Length 35.1

Clay Brisko
Leeland Reese
Chuck Tipton
LJ Reese

2nd place: Team 212 Length 34.5

Justin Stochburger
Aaron Severson
David Kendall

3rd place: Team 318 Length 34.4

Daryl Meeks
Danny Frey
Mike Asay
Robert Asay

4th place: Team 508 Length 33.9

Jeff Blackham
Rick Snow
Dustin Snow
Colby Snow

5th place: Team 410 Length 33.8

Wade Briggs
Scott Briggs
Shay Bernard
Jay Schofield

Youth Biggest

1st place: Team 138

Cassidy Condos Length 32.1

2nd place: Team 434

Shelby Fairbourn Length 30.7

3rd place: Team 440

Ethan Guzman Length 29.9

4th place: Team 334 Length 29.4

Dillon Foley

Deegan Foley

Youth Smallest

1st place: Team 447 Length 9.5

Drake Hardy

2nd place: Team 381 Length 9.9

Nicholas Martinez

3rd place: Team 440 Length 10

Ethan Guzman

4th place: Team 465 Length 10.2

Avery Standifer



Excellence in Education

Daggett County is working with the Public Charity "Excellence in Education" to bring in a group of fisherman to the county as a fundraiser to assist Utah's schools including the local schools. The County sees this as a great opportunity to market and promote our county to the executives who that will be participating in this event. Businesses interested in promoting their business during this event, which is scheduled for April, should contact Brian Raymond at 435-784-3218 ext. 134 or braymond@daggettcountry.org.

The Flaming Gorge Recycling Coalition

The Recycling Coalition is continuing its efforts to keep material from the Manila landfill. We do this by encouraging volunteer recycling in the Manila area. Thanks to the efforts of many households in Manila, we are filling the bins up at least every two weeks. Dutch John is welcome to join us, but a volunteer coordinator for that area is needed to initiate the collection and sorting of materials.

We are extremely grateful to James and Barbara Briggs for the donation of their barn as a sorting and storage site for the donated materials!! If it weren't for this facility we would not have a recycling program.

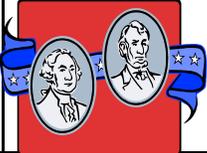
We are still looking for a few more people to help with the sorting and construction of bins. We meet each Saturday to sort the materials at 10:00 am. As the days lengthen and temperatures increase, we will meet earlier in the morning. New volunteers are welcome and encouraged!!

Recyclable materials that we collect include: corrugated cardboard, card stock, newsprint, magazines, phone books, paper (not neon colors), aluminum, plastic bags/wrap, tin cans (that are cleaned out), packing foam and Styrofoam, glass, household batteries and #1 and #2 plastic bottles and containers (see photo). Sorting materials into bags or boxes of like products is helpful but not required. Milk jugs and other plastic bottles should be rinsed out and the caps left off.



When trying to determine if the plastic object is recyclable, look for the symbol shown with either a 1 or 2 between the arrows. If it has a higher number it can be recycled just not at the places where we take our materials and should be thrown out. For more information contact Brian Raymond at 435-784-3218 ext. 134 or braymond@daggettcountry.org.

February 2013

Sun	Mon	Tue	Wed	Thu	Fri	Sat
27	28	29	30	31	1	2
3	4	5 Commission Mtg	6 Justice Court P & Z Mtg.	7	8	9
Burn Awareness Week						
10	11	12 Commission Mtg **Evening Meeting 6 pm	13	14  LEPC Meeting FG Chamber of Commerce Noon	15 8th District Court	16
17	18 Presidents Day 	19	20 Commission Mtg P & Z Mtg.	21	22	23
24	25	26 Commission Mtg	27	28	1	2

Daggett County
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Manila, UT 84046
435-784-3210
435-784-3335 fax
news@daggettcountry.org
Visit us on the web!
www.daggettcountry.org

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Thank you for signing up to get your newsletter via email.

- **County Commission:** Meetings will be held at 9:00 am on Tuesday. The second Tuesday of each month will be at 6:00 pm.
- **County Planning & Zoning:** Meetings will be held every 2nd and 4th Wednesday of the month.
- **Museum Board:** Meetings TBA .
- **Local Emergency Planning Committee:** Meetings are 2nd Thursday of each month at 10:00 am to noon in the Commission Room.
- **Search & Rescue:** Meetings are the last Tuesday of each month at Red Canyon, 6:30 pm.
- **Dutch John Advisory Committee:** Meetings are the 1st Wednesday of each month at 6:00 pm at the Dutch John Conference Hall.
- **Economic Development Board:** Please check the website.
- **Chamber of Commerce:** February, April, October, December meetings will be on Thursdays noon. June and August meetings will be Tuesday at 7:00 pm. Meeting locations will vary, notices will be sent out prior to meeting for location information.



If you would like to place an article or advertisement in the Daggett County Newsletter please contact the Tamara Twitchell at 435-784-3210 ext 201 or by email at news@daggettcountry.org. Please have information to us no later than February 27th at 5 pm, for the March Newsletter.